

**CV Prof. Dr. habil. Eva-Marie Kessler**  
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**Contact details**

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University Department of Psychology  
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**Current position**

Professor of Geropsychology  
Head of the MSB outpatient psychotherapy clinic for older adults (PSYTA)

**Academic education**

- 2014 Habilitation; venia legendi in Psychology; Heidelberg University
- 2006 PhD in Psychology; Jacobs University Bremen
- 2002 Diploma in Psychology (equivalent to M.Sc.); Dresden University

**Academic positions**

- Since 2015 Professor of Geropsychology, MSB Medical School Berlin
- 2012-2015 Independent junior research group leader, Network on Aging Research (NAR), Heidelberg University
- 2008-2012 Postdoc, Network on Aging Research (NAR), Heidelberg University
- 2002-2008 Research Associate & Postdoctoral Fellow, Jacobs Center, Jacobs University Bremen

**Clinical degrees**

License as a psychological psychotherapist

**Positions in Scientific societies and networks**

- Speaker of the Special interest group "Clinical Geropsychology and –psychotherapy" of the German Psychological Society (DGPs) (since 2021)
- Member of the presidium of the German Society of Gerontology and Geriatrics (DGGG) (2016 – 2020)
- Member of the Scientific Network "Images of Aging: Via a Dynamic Life-span Model to New Perspectives for Research and Practice" funded by the German Research Foundation (DFG) (since 2016)

**Scientific awards**

- 2014 Margret-and-Paul-Baltes-Award for outstanding habilitation theses, German Society of Gerontology and Geriatrics (DGGG)
- 2014 Theo-und-Friedl-Schöller- Award for Geriatric Medicine, Centre for Geriatric Medicine at Nuremberg Clinic
- 2010-2015 Margarete-von-Wrangell-Habilitation Grant, Ministry of Science, Research and the Arts Baden-Württemberg
- 2008-2010 Scholarship from Network on Aging Research, NAR Kolleg, Heidelberg University
- 2007 Margret-and-Paul-Baltes Doctoral Dissertation Award for outstanding dissertations, German Psychological Society (DGPs)

## Research topics

- Views on aging across the lifespan
- Ageism in health care settings
- Psychotherapy with vulnerable older adults
- Psychological resources and resilience in old age

## Current research projects

- Principle Investigator: "PSY-CARE: Outpatient psychotherapy for home-living vulnerable older adults with depression" (funded by the German Innovation Fund of the German Federal Joint Committee)
- Principle Investigator: „IMAGE-19: HOW CAN WE SHIELD THE WEAK? – Media representations of older people in the course of the corona pandemic“ (funded by Josef und Luise Kraft-Stiftung)
- Principle Investigator: "Age\_ISM: Views on aging and discrimination" (funded by the Federal Ministry for Family Affairs, Senior Citizens, Women and Youth BMFSFJ)

## Associate Editor of scientific journals

- „GeroPsych - The Journal of Gerontopsychology and Geriatric Psychiatry“ (2014-2020)
- „Psychotherapie im Alter“ [Psychotherapy in old age] (since 2014)

## Selected publications

Tegeler, C., Hoppmann, F., Gellert, P., O'Sullivan, J. & **Kessler, E.-M.** (2021). Evaluation of Recruitment Strategies for Home-Living Vulnerable Older Adults with Depression: Findings from a Randomized Controlled Psychotherapy Trial. *The American Journal of Geriatric Psychiatry*. Advance online publication. doi: 10.1016/j.jagp.2021.07.020

Sittler, M., Lechner-Meichsner, F., Wilz, G., & **Kessler, E.-M.** (2021). Does age matter? Initial treatment goals of older adults with major depression in outpatient cognitive behavioral therapy. *Clinical Psychology & Psychotherapy*. Advance online publication. doi: 10.1002/cpp.2646

**Kessler, E.-M.**, Grünewald, L. & Schäfer, T. (2021). Depressed older patients with death wishes: Experimental evidence for psychotherapists' age and health bias. *Clinical Gerontologist*, 44, 154-159. doi: 10.1080/07317115.2020.1856265

Tegeler, C., Beyer, A.-K., Hoppmann, F., Ludwig, V. & **Kessler, E.-M.** (2020). Current status of psychotherapy for home-living vulnerable older adults with depression. *Zeitschrift für Gerontologie und Geriatrie*, 53, 721–727. doi: 10.1007/s00391-020-01805-3

**Kessler, E.-M.** & Bowen, C. (2020). Covid Ageism as a public mental health concern. *The Lancet Healthy Longevity*, 1(1), e12. doi: S2666-7568(20)30002

Gellert, P., Beyer, A.-K., Tegeler, C., Vathke, C., Nordheim, J., Kuhlmeier, A. & **Kessler, E.-M.** (2020). Outpatient psychotherapy for home-living vulnerable older adults with depression: study protocol of the PSY-CARE trial. *BMC Geriatrics*, 20(1), 1-8

Spuling, S. M., Klusmann, V., Bowen, C. E., Kornadt, A. E., & **Kessler, E. M.** (2019). The uniqueness of subjective ageing: Convergent and discriminant validity. *European Journal of Ageing* (advance online publication, doi: 10.1007/s10433-019-00529-7)

**Kessler, E.-M.** & Blachetta, C. (2018). Age cues in patients' descriptions influence treatment attitudes. *Aging and Mental Health*, 24(1), 193-196

**Kessler, E.-M.**, & Schneider, T. (2017). Do psychotherapists-in-training's treatment attitudes and decisions depend on a patient's age? *The Journal of Gerontology: Psychological Sciences*, 74(4), 620-624

**Kessler, E.-M.**, Agines, S. & Bowen, C. E. (2015). Attitudes towards seeking mental health services among older adults: personal and contextual factors. *Aging and Mental Health*, 19(2), 182-91.

**Kessler, E.-M.**, Kruse, A. & Wahl, H.-W. (2014). Clinical gero-psychology: A lifespan perspective. In N. A. Pachana & K. Laidlaw (Eds.), *The Oxford Handbook of Clinical Geropsychology: International Perspectives*, p. 4-25. Oxford: Oxford University Press

**Kessler, E.-M.**, Südhof, J. & Frölich, L. (2014). 'Dementia worry' in patients of a memory clinic not diagnosed with organic mental disorder. *International Psychogeriatrics*, 26, 1049–1051.

**Kessler, E.-M.**, Bowen, C. E., Baer, M., Froelich, L., & Wahl, H.-W. (2012). Dementia worry: A psychological examination of an unexplored phenomenon. *European Journal of Ageing*, 9, 275-284.